



# CONESTOGA SAILING CLUB



## 2013 ADULT LEARN TO SAIL



Our Adult Learn to Sail Program is taught over a series of Monday and Wednesday evenings (6:00 pm-9:00 pm) or Saturdays (9:00am – 4:30 pm) throughout the summer. No sailing or boating experience is necessary to join the program. All participants, however, must be comfortable swimming while wearing a personal flotation device (PFD or Lifejacket).

Our Adult Learn to Sail courses are designed to get you on the water as quickly and as often as possible. You will begin by learning the basic skills needed to safely handle a sailboat. Through brief, but informative, on-land lessons and fun and challenging on water drills you will work on the knowledge and skills required to attain your nationally recognized CANSail certification. We provide the equipment (dinghies up to 16 feet) and the qualified coaches (that are fully trained and certified by Sail Canada) to make your learn to sail experience an unforgettable one.

Conestoga's Adult Learn to Sail Program is open to both club members and non members. Participants who purchase a membership and complete a CANSail 1 course can continue to sail the Club's boats and participate in Tuesday Practise Nights for the remainder of the season.

Weekday Evening Sessions.	Dates	Member	Non-Member
CANSail 1	June 10,12,17,19,24,26	\$200.00	\$300.00
CANSail 2	July 08,10,15,17,22,24	\$200.00	\$300.00
CANSail 1	Aug 05,07,12,14,19,21	\$200.00	\$300.00
Weekend Sessions.			
CANSail 1	June 01,08,15	\$200.00	\$300.00
CANSail 1	July 06,13,20	\$200.00	\$300.00
CANSail 2	Aug 03,10,17	\$200.00	\$300.00



### TO REGISTER:

[www.kwsailing.org](http://www.kwsailing.org), [registration@kwsailing.org](mailto:registration@kwsailing.org), 519-638-5241

